




SEPTEMBER 2019



KIMBALL FARMS CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Van to Religious Services 9:15, 9:55, 10:55</p> <p>7:30 Foreign Film Night</p>	<p>2</p> <p>Business Office Closed No Van Transportation</p> <p>2:30 Labor Day Golf Classic</p> <p>Labor Day</p>	<p>3</p> <p>2:00 Mindfulness Meditation</p> <p>5:15 pm Let's Eat Out! Fiddleheads Great Barrington</p> <p>7:30 Movie</p>	<p>4</p> <p>10:15 am Trip High Lawn Farm</p> <p>10:00 Stretch Class 10:30 Balance Class 2:00 Strength Class 1:30 Art Class</p> <p>7:30 pm Piatigorsky Foundation</p>	<p>5</p> <p>10:00 Chair Yoga 1:30 Beading Workshop 7:00 Duplicate Bridge</p>	<p>6</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:30 Art Class 7:30 Movie</p>	<p>7</p> <p>10:30 Van North for Shopping 7:30 Movie</p>
<p>8</p> <p>Van to Religious Services 9:15, 9:55, 10:55</p> <p>2:15 pm Van to South Mountain Concert</p>	<p>9</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 11:00 Singing 1:30 Alzheimer's Support Group 1:30 Resident Association 3:00 Handbells 3:00 Women's Discussion Group</p> <p>3:00 pm Aging in Amazement</p> <p>4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Education Committee</p>	<p>10</p> <p>2:00 Mindfulness Meditation</p>	<p>11</p> <p>10:00 Stretch Class 10:30 Balance Class 1:30 Art Class 2:00 Strength Class 7:30 Movie</p>	<p>12</p> <p>10:00 Chair Yoga</p> <p>1:30 pm Kimball's Got Talent</p> <p>7:00 Duplicate Bridge</p>	<p>13</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:30 Art Class 5:00 Friendly Friday 7:30 Movie</p>	<p>14</p> <p>No Van Transportation</p> <p>7:30 pm Ensemble Aubade</p>
<p>15</p> <p>Van to Religious Services 9:15, 9:55, 10:55</p> <p>2:15 pm Van to South Mountain Concert</p> <p>7:30 Foreign Film Night</p>	<p>16</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 11:00 Singing 3:00 Handbells 4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Professor Vincent Ferraro Foreign Policy Lecture</p>	<p>17</p> <p>10:00 Tai Chi 1:30 Knitting Group 2:00 Mindfulness Meditation</p> <p>7:30 pm Trio Bourgas</p>	<p>18</p> <p>10:00 Stretch Class 10:30 Balance Class 2:00 Strength Class 1:30 Art Class 7:30 Movie</p>	<p>19</p> <p>9:30 am Trip Saratoga Battlefield</p> <p>10:00 Chair Yoga 1:30 Beading Workshop 7:00 Duplicate Bridge</p>	<p>20</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:30 Art Class 5:00 Friendly Friday</p>	<p>21</p> <p>10:30 Van North for Shopping 7:30 Movie</p>
<p>22</p> <p>Van to Religious Services 9:15, 9:55, 10:55</p> <p>2:15 pm Van to South Mountain Concert</p>	<p>23</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 11:00 Singing 3:00 Handbells 4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Education Committee</p>	<p>24</p> <p>10:00 Tai Chi 1:30 Knitting Group 2:00 Mindfulness Meditation</p> <p>2:00 pm Drumming Workshop</p> <p>7:30 pm Musicians of Ma'alwyck</p>	<p>25</p> <p>10:00 Stretch Class 10:30 Balance Class</p> <p>11:00 am Deborah Reed, Audiologist Hearing & Balance Systems</p> <p>1:00 Bereavement Support Group 2:00 Strength Class 7:30 Movie</p>	<p>26</p> <p>10:00 Chair Yoga 7:00 Duplicate Bridge</p>	<p>27</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:30 Art Class 5:00 Friendly Friday</p>	<p>28</p> <p>10:30 Van North for Shopping 7:30 Movie</p>
<p>29</p> <p>Van to Religious Services 9:15, 9:55, 10:55</p>	<p>30</p> <p>9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 11:00 Singing 3:00 Handbells 4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Education Committee</p>				<p>Remember to Test Your Link to Life!</p> 