







# FEBRUARY 2019



## KIMBALL FARMS CALENDAR OF EVENTS

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|--|--|---|---|---|
| <p><b>Remember to Test Your Link to Life!</b></p>   |  |  |    |   | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>1:00 Art Class<br/>5:00 Friendly Friday</p> | <p>10:00 Van North for Shopping</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>12:15<br/>Van to<br/>Mahaiwe Theatre</p> </div> <p>7:30 Movie</p> |
| <p>Van to Religious Services<br/>9:15, 9:55, 10:55</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>1:00 pm<br/>Trip<br/>Clark Art<br/>Free Admission Day</p> </div> <p>7:30 Foreign Film</p> | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>11:00 Singing<br/>1:30 Resident Association<br/>3:00 Handbells<br/>4:00 Chair Yoga in the PH Gym</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>7:30 pm<br/>Professor Vincent Ferraro</p> </div>  | <p>1:30 Knitting Group<br/>2:00 Mindfulness Meditation<br/>3:00 Low Vision Support Group</p>   | <p>10:00 Stretch Class<br/>10:30 Balance Class<br/>1:30 Art Class<br/>2:00 Strength<br/>3:30 Education Series<br/>7:30 Movie</p>   | <p>10:00 Chair Yoga</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>1:30 PM<br/>Five Wise Guys<br/>Third Act Project</p> </div> <p>1:00 Computer Workshop<br/>7:00 Duplicate Bridge</p>   | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>1:00 Art Class<br/>5:00 Friendly Friday</p> | <p>10:00 Van North for Shopping</p> <p>7:30 Movie</p>   |
| <p>Van to Religious Services<br/>9:15, 9:55, 10:55</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>1:00 pm<br/>Van to Ghent Playhouse</p> </div>   | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>11:00 Singing<br/>1:00 Indoor Walking Group<br/>1:30 Alzheimer's Support Group<br/>3:00 Handbells<br/>4:00 Chair Yoga in the PH Gym</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>7:30 pm<br/>Education Committee</p> </div>                     | <p>1:30 Knitting Group<br/>2:00 Mindfulness Meditation</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>11:00 am<br/>Adam Hinds<br/>Smitty Pignatelli</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>7:30 pm<br/>Karen Tchougarian, Pianist<br/>Catherine Hancock, Soprano</p> </div> | <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>10:00 am<br/>Trip<br/>Wadsworth Museum<br/>Hartford, Ct.</p> </div> <p>10:00 Stretch Class<br/>10:30 Balance Class<br/>2:00 Strength Class<br/>1:30 Art Class<br/>3:30 Education Series<br/>7:30 Movie</p> | <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>10:00 am<br/>Annual Valentine's Day<br/>Party<br/>With the Kimball Singers</p> </div> <p>10:00 Chair Yoga in the PH Gym<br/>1:00 Computer Workshop</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>3:00 pm<br/>Education Committee<br/>Poetry Reading</p> </div> <p>7:00 Duplicate Bridge</p> <p><i>Happy Valentine's Day</i></p> | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>1:00 Art Class<br/>5:00 Friendly Friday</p> | <p>10:00 Van North for Shopping</p> <p>7:30 Movie</p>   |
| <p>Van to Religious Services<br/>9:15, 9:55, 10:55</p> <p>7:30 Foreign Film</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>1:00 pm<br/>Van to BCC<br/>"New and Used"</p> </div>             | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>11:00 Singing</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>1:45 pm<br/>Drumming Workshop</p> </div> <p>3:00 Handbells<br/>4:00 Chair Yoga in the PH Gym</p>  | <p>1:30 Knitting Group<br/>2:00 Mindfulness Meditation</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>7:30 pm<br/>Edward Arron, Cellist<br/>Jeewon Park, Pianist</p> </div>   | <p>10:00 Stretch Class<br/>10:30 Balance Class<br/>1:30 Art Class<br/>2:00 Strength Class<br/>3:30 Education Series</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>5:45 pm<br/>Let's Eat Out!<br/>Alta</p> </div> <p>7:30 Movie</p>                   | <p>10:00 Chair Yoga<br/>1:00 Computer Workshop<br/>1:30 Beading Workshop<br/>7:00 Duplicate Bridge</p>  | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>1:00 Art Class<br/>5:00 Friendly Friday</p> | <p>10:00 Van North for Shopping</p> <p>7:30 Movie</p>   |
| <p>Van to Religious Services<br/>9:15, 9:55, 10:55</p>   | <p>9:00 Stretch Class<br/>9:30 Balance Class<br/>10:00 Strength Class<br/>11:00 Singing<br/>1:00 Indoor Walking Group<br/>3:00 Handbells<br/>4:00 Chair Yoga in the PH Gym</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>7:30 pm<br/>Education Committee</p> </div>  | <p>1:30 Knitting Group<br/>2:00 Mindfulness Meditation</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>5:00 pm<br/>Trivia Night<br/>With<br/>Lenox High School<br/>Students</p> </div>   | <p>10:00 Stretch Class<br/>10:30 Balance Class<br/>1:30 Art Class<br/>2:00 Strength Class<br/>3:30 Education Series<br/>7:30 Movie</p>   | <p>10:00 Chair Yoga<br/>1:00 Computer Workshop<br/>1:30 Beading Workshop<br/>7:00 Duplicate Bridge</p>  |   |    |