

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>January 2019</b></p> <p>Happy New year! Martin Luther King Day! Activities professionals week!</p>		<p><b>1</b></p> <p>10:00Choir(S,SE,M) 11:30 Sittercise 12:00 Lunch(S,SC) 1:15 Trivia(S,M) 2:00 Afternoon Spa 3:00 Tea time 3:45 Croquet (S,M) 4:45 Sing(S,SE,SM) 5:30 Dinner 6:30 Evening Stretch 7:30 Movie(SE,M)</p>	<p><b>2</b></p> <p>10:00 Conversations / Mary 10:45 Sing w/ Esther 11:00 Exercises(G) 12:00 Lunch 1:15 Balance w/Lynn 1:45 Sing w/ Riverbrook 2:30 Animals lives w/ Heather 3 :00 Tea time (s, c) 4:15 Bowl (G) 4:45 Sing (s,c) 5:30 Dinner 6:30 Sit &amp; Dance 7:30 Movie</p>	<p><b>3</b></p> <p>10:15 Art class(S,M) 10:30 Sittercise (G) 11:00 Lep Choir 12:00 Lunch 1:15 Bingo (S,M) 2:00 <b>Around the world</b> 3:00 Tea Time (S) 3:45 Trivia (C) 4:30 Sing-a-long 5:30 Dinner 6:30 Ipod time 7:30 Movie</p>	<p><b>4</b></p> <p>10:00 Visit w/Bear the therapy dog 11:30 Exercises 12:00 Lunch 1:15 Balance w/ Lynn(G) 1:30 Reiki 1:30 Kindergarten visit 2:00 <b>Music w/Marc</b> 3:00 Tea time(S,SC) 3:45 Basketball (G) 4:30 Singing (S,SE,M) 5:30 Dinner 6:30 Ball Toss(G) 7:30 Movie</p>	<p><b>5</b></p> <p>10:30 Exercises(G) 11:00 Lep Chorus 12:00 Lunch 1:30 <b>Van ride w/PH</b> 3:00 Tea time 3:45 Balloon volleyball 4:45 Singing 5:30 Dinner 6:30 Sit &amp; Dance (G) 7:30 Comedy Movie</p>	
	<p><b>6</b></p> <p>7:00 Breakfast 10:30 Daily chronicle 11:00 Strength Training(G) 12:00 Lunch 1:15 Lawrence Welk Show (S, C) 2:15 Tea time 3:00 <b>Piano w/ Mary</b> 4:00 Literary Club <b>5:30 Dinner</b> 7:00 Movie</p>	<p><b>7</b></p> <p>7:00 Breakfast(s,sc) 10:00 Golf w/ Jeff(g) 10:30 Sittercise(G) 11:00Choir(S,SE,M) 12:00 Lunch(S,SC) 1:15 <b>Music w/ Sam</b> 2 :00 Bingo (S,M) 3:00 Tea time(S,SC) 3:45 Ball game(S,M) 4:45 Sing(S,SE,SM) 6:30 Story Reading 7:30 Classic Movie</p>	<p><b>8</b></p> <p>10:00Choir(S,SE,M) 11:30 Sittercise 12:00 Lunch 1:15 Trivia(S,M) 1:30 Canvas w/ Heather 2 :00 <b>Sing w/ Robin</b> 2:00 Tea time 3:45 Croquet (S,M) 4:45 Sing(S,SE,SM) 5:30 Dinner 6:30 Evening Stretch 7:30 Movie (SE,M)</p>	<p><b>9</b></p> <p>10:00 <b>Willa the Dog</b> 10:45 Sing w/ Esther 11:00 Exercises(G) 12:00 Lunch 1:15 Balance w/Lynn 1:45 Sing w/ Riverbrook 2:30 Animals lives w/ Heather 3 :00 Tea time (s, c) 4:15 Bowl (G) 4:45 Sing (s,c) 5:30 Dinner 6:30 Sit &amp; Dance 7:30 Movie</p>	<p><b>10</b></p> <p>10:15 Art class(S,M) 10:30 Sittercise (G) 11:00 Lep Choir 1:15 Bingo (S,M) 2:00 <b>Around the world</b> 3:00 Tea Time (S) 3:45 Trivia (C) 4:30 Sing-a-long 6:30 Poetry time 7:30 Movie</p>	<p><b>11</b></p> <p>10:00 Inventions w/ Mary 11:30 Exercises 1:15 Balance w/ Lynn(G) 1:30 Reiki 1:30 Kindergarten visit 2:00 <b>Music w/Marc</b> 3:00 Tea time(S,SC) 3:45 Basketball (G) 4:30 Singing (S,SE,M) 6:30 Ball Toss(G) 7:30 Movie</p>	<p><b>12</b></p> <p>10:30 Art Appreciation (S,C) 11:00 Lep Chorus 12:00 Lunch 1:30 Bingo 2:00 Musical Bingo 3:00 Tea time 3:45 Volleyball 4:45 Singing 5:30 Dinner 6:30 Sit &amp; Dance 7:30 Comedy Movie</p>
	<p><b>13</b></p> <p>10:30 Daily chronicle 11:00 Strength Training (G) 1:00 <b>Van Ride</b> 1:15 Lawrence Welk Show 3:00 Tea time 4:00 Literary Club 7:00 Movie</p>	<p><b>14</b></p> <p>10:00 Golf w/ Jeff 10:30 Sittercise 10:30 <b>Communio</b> 11:00Choir(S,SE,M) 1:15 <b>Music w/ Sam</b> 2 :00 Bingo (S,M) 2:30 <b>Chit/chat w/Ty</b> 3:00 Tea time(S,SC) 3:45 Ball game(S,M) 4:45 Sing(S,SE,SM) 6:30 Story Reading 7:30 Classic Movie</p>	<p><b>15</b></p> <p>10:00Choir(S,SE,M) 11:30 <b>Sittercise</b> 12:00 Lunch 1:15 Trivia(S,M) 1:30 Canvas w/ Heather 2 :00 <b>Van ride</b> 3:00 Tea time 3:45 Croquet (S,M) 4:45 Sing(S,SE,SM) 5:30 Dinner 6:30 Evening Stretch 7:30 Movie(SE,M)</p>	<p><b>16</b></p> <p>10:00 Conversations / Mary 10:45 Sing w/ Esther 11:00 Exercises(G) 12:00 Lunch 1:15 Balance w/Lynn 1:45 Sing w/ Riverbrook 2:30 Animals lives w/ Heather 3 :00 Tea time (s, c) 4:15 Bowl (G) 4:45 Sing (s,c) 5:30 Dinner 6:30 Sit &amp; Dance 7:30 Movie</p>	<p><b>17</b></p> <p>10:15 Art class(S,M) 10:30 Sittercise (G) 11:00 Lep Choir 12:00 Lunch 1:30 <b>Violin w/ Betty Barbour</b> (S,M) 2:30 Bingo 3:00 Tea Time (S) 3:45 Trivia (C) 4:30 Sing-a-long 6:30 IPOD Time 7:30 Movie</p>	<p><b>18</b></p> <p>10:00 Inventions w/ Mary 11:30 Exercises 12:00 Lunch 1:15 Balance w/ Lynn(G) 1:30 Reiki 1:30 Kindergarten visit 3:00 Tea time(S,SC) 3:45 Basketball (G) 4:30 Singing (S,SE,M) 6:30 Ball Toss(G) 7:30 Movie</p>	<p><b>19</b></p> <p>10:30 Exercises (G) 11:00 Lep Chorus 12:00 Lunch <b>2:00 Memories in the making art show w/Doug Schmolze</b> 3:00 Tea time 3:45 Volleyball 4:45 Singing 5:30 Dinner 6:30 Sit &amp; Dance 7:30 Comedy Movie</p>
	<p><b>20</b></p> <p>7:00 Breakfast 10:30 Daily chronicle 11:00 Strength Training(G) 12:00 Lunch 1:15 Lawrence Welk Show (S, C) 2:15 Tea time 3:00 <b>Piano w/ Mary</b> 4:00 Literary Club 5:30 Dinner 7:00 Movie</p>	<p><b>21</b></p> <p>7:00 Breakfast(s,sc) 10:00 Golf w/ Jeff(g) 10:30 Sittercise(G) 11:00Choir(S,SE,M) 12:00 Lunch(S,SC) 1:15 <b>Music w/ Sam</b> 2 :00 Bingo (S,M) 3:00 Tea time(S,SC) 3:45 Ball game(S,M) 4:45 Sing(S,SE,SM) 5:30 Dinner 6:30 Story Reading 7:30 Classic Movie</p>	<p><b>22</b></p> <p>10:00Choir(S, SE,M) 11:30 <b>Sittercise</b> 12:00 Lunch 1:15 Trivia(S,M) 1:30 Canvas w/ Heather 2 :30 Tea time 3:30 <b>Music w/Linda</b> 3:45 Croquet (S,M) 4:45 Sing(S,SE,SM) 5:30 Dinner 6:30 Evening Stretch 7:30 Movie(SE,M)</p>	<p><b>23</b></p> <p>10:00 Conversations / Mary 10:45 Sing w/ Esther 11:00 Exercises(G) 1:15 Balance w/Lynn 1:45 Sing w/ Riverbrook 2:30 Animals lives w/ Heather 3 :00 Tea time (s, c) 4:15 Bowl (G) 4:45 Sing (s,c) 6:30 Sit &amp; Dance 7:30 Movie</p>	<p><b>24</b></p> <p>7:00 Breakfast 10:15 Art class(S,M) 10:30 Sittercise (G) 11:00 Lep Choir 1:30 <b>Dance therapy w/Sandy</b> <b>2:00 Van ride</b> 3:00 Tea Time (S) 3:45 Trivia (C) 4:30 Sing-a-long 6:30 Ipod time 7:30 Movie</p>	<p><b>25</b></p> <p>10:00 Inventions w/ Mary 11:30 Exercises 12:00 Lunch 1:15 Balance w/ Lynn(G) 1:30 Reiki 1:30 Kindergarten visit 2:00 <b>Music w/Marc</b> 3:00 Tea time(S,SC) 3:45 Basketball (G) 4:30 Singing (S,SE,M) 5:30 Dinner 6:30 Ball Toss(G) 7:30 Movie</p>	<p><b>26</b></p> <p>10:30 Exercises (G) 11:00 Lep Chorus 1:30 Bingo 2:00 Musical Bingo 3:00 Tea time 3:45 Volleyball 4:45 Singing 6:30 Sit &amp; Dance 7:30 Comedy Movie</p>
	<p><b>27</b></p> <p>10:30 Daily chronicle 11:00 Strength Training (G) 1:30 <b>Van Ride</b> 1:15 Lawrence Welk Show 3:00 Tea time 4:00 Literary Club 7:00 Movie</p>	<p><b>28</b></p> <p>10:00 Golf w/ Jeff 10:30 Sittercise 10:30 <b>Communio</b> 11:00Choir(S,SE,M) 1:15 <b>Music w/ Sam</b> 2 :00 Bingo (S,M) 2:30 <b>Chit/chat w/Ty</b> 3:00 Tea time(S,SC) 3:45 Ball game(S,M) 4:45 Sing(S,SE,SM) 6:30 Story Reading 7:30 Classic Movie</p>	<p><b>29</b></p> <p>10:00Choir(S,SE,M) 11:30 <b>Sittercise</b> 1:15 Trivia(S,M) 1:30 Canvas w/ Heather 2 :15 Tea time 3:00 <b>Music w/ Doug Schmolze</b> 3:45 Croquet (S,M) 4:45 Sing(S,SE,SM) 6:30 Evening Stretch 7:30 Movie(SE,M)</p>	<p><b>30</b></p> <p>10:00 Conversations / Mary 10:45 Sing w/ Esther 11:00 Exercises(G) 1:15 Balance w/Lynn 1:45 Sing w/ Riverbrook 2:30 Animals lives w/ Heather 3 :00 Tea time (s, c) 4:15 Bowl (G) 4:45 Sing (s,c) 6:30 Sit &amp; Dance 7:30 Movie</p>	<p><b>31</b></p> <p>10:15 Art class(S,M) 10:30 Sittercise (G) 11:00 Lep Choir 1:15 Bingo (S,M) 2:00 <b>Van ride</b> 3:00 Tea Time (S) 3:45 Trivia (C) 4:30 Sing-a-long 6:30 Ipod time 7:30 Movie</p>	 <p>Breakfast is served from 7:30 to 11am. Lunch is served at 12:00pm. Dinner is served at 5:30 pm in the Dining Room. All activities are held in the activity room. The movie is shown in the Parlor as well as all activities held after dinner.</p>	