





JANUARY 2019



KIMBALL FARMS CALENDAR OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Remember to Test Your Link to Life!</b></p> 		<p>1 1:30 Knitting Group 2:00 Mindfulness Meditation</p>	<p>2 10:00 Stretch Class 10:30 Balance Class 1:30 Art Class 2:00 Strength Class 7:30 Movie</p>	<p>3 10:00 Chair Yoga 1:00 Computer Workshop 7:00 Duplicate Bridge</p>	<p>4 9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:00 Art Class 5:00 Friendly Friday</p>	<p>5 10:00 Van North for Shopping  7:30 Movie</p>
<p>6 <b>No Van Today</b>  7:30 Foreign Film</p>	<p>7 9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:00 Indoor Walking Group 1:30 Resident Association 4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Royal Garden Jazz Band</p>	<p>8 1:30 Knitting Group 2:00 Mindfulness Meditation</p> <p>2:30pm Pittsfield High School Students Presentation</p>	<p>9 10:00 Stretch Class 10:30 Balance Class</p> <p>10:30 am Trip MGM Casino</p> <p>1:30 Art Class 2:00 Strength 7:30 Movie</p>	<p>10 10:00 Chair Yoga 1:00 Computer Workshop 7:00 Duplicate Bridge</p>	<p>11 9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:00 Art Class 5:00 Friendly Friday</p>	<p>12 12:15 Van to Mahaive Theatre</p> <p>1:30 Van North for Shopping 7:30 Movie</p>
<p>13 Van to Religious Services 9:15, 9:55, 10:55</p> <p>1:30 pm Trip Boar's Head Festival Springfield</p>	<p>14 9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:30 Alzheimer's Support Group 3:00 Handbells 4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Education Committee</p>	<p>15 1:30 Knitting Group 2:00 Mindfulness Meditation</p> <p>3:00 Michael Bergman Presentation</p> <p>Time TBA Trivia Night With Lenox High School Students</p>	<p>16 10:00 Stretch Class 10:30 Balance Class 2:00 Strength Class 1:30 Art Class</p> <p>5:45 pm Let's Eat Out! Enso</p> <p>7:30 Movie</p>	<p>17 10:00 Chair Yoga 1:00 Computer Workshop 7:00 Duplicate Bridge</p>	<p>18 10:00 Strength Class 1:00 Art Class 5:00 Friendly Friday</p> <p>7:30 pm Berkshire Chamber Players</p>	<p>19 10:00 Van North for Shopping 7:30 Movie</p>
<p>20 Van to Religious Services 9:15, 9:55, 10:55</p> <p>7:30 Foreign Film</p>	<p>21 9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 1:00 Indoor Walking Group</p> <p>1:45 pm Drumming Workshop</p> <p>3:00 Handbells 4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Professor Vincent Ferraro</p>	<p>22 1:30 Knitting Group 2:00 Mindfulness Meditation</p> <p>7:30 pm Rob Kelly, Pianist</p>	<p>23 10:00 Stretch Class 10:30 Balance Class</p> <p>10:45 am Van to Kinderbuddies</p> <p>1:30 Art Class 2:00 Strength Class 7:30 Movie</p>	<p>24 10:00 am Presentation Tax Reform</p> <p>10:00 Chair Yoga 1:00 Computer Workshop 7:00 Duplicate Bridge</p>	<p>25 1:00 Art Class 5:00 Friendly Friday</p>	<p>26 10:15 am Trip Mass MoCA</p> <p>7:30 Movie</p>
<p>17 Van to Religious Services 9:15, 9:55, 10:55</p>	<p>28 9:00 Stretch Class 9:30 Balance Class 10:00 Strength Class 4:00 Chair Yoga in the PH Gym</p> <p>7:30 pm Education Committee</p>	<p>29 1:30 Knitting Group 2:00 Mindfulness Meditation</p>	<p>30 10:00 Stretch Class 10:30 Balance Class 1:30 Art Class 2:00 Strength Class 7:30 Movie</p>	<p>31 10:00 Chair Yoga 1:00 Computer Workshop 7:00 Duplicate Bridge</p>	